



2018 WAVE LIST

Wave	Start Time	Group	Swim Cap
1	7 a.m.	Elite	Light Blue
		Relay	Red
2	7:05 a.m.	M 35-39	Yellow
3	7:10 a.m.	M 30-34	White
4	7:15 a.m.	M 40-44	Neon Green
5	7:20 a.m.	M 13-29	Orange
6	7:25 a.m.	M 45-49	Light Blue
7	7:30 a.m.	M 50-59	Yellow
8	7:35 a.m.	M 60+ Clydesdale	White
9	7:40 a.m.	F 35-39	Neon Green
10	7:45 a.m.	F 40-44	Orange
11	7:50 a.m.	F 45+	Light Blue
12	7:55 a.m.	F 30-34 Athena	Yellow
13	8:00 a.m.	F 13-29	White